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# Foreword

Are you always unhappy with all the negative thoughts in your mind? Do you always think that nothing worthwhile can happen to you? You will not achieve what you desire? You cannot accumulate sufficient wealth? You cannot own a luxurious house?

How often do you feel this way?

Success depends on the boundaries you set in your mind. Your perception on the kind of life you want to lead can be actuated by your mind. The faith you have in yourself will lead you to success.

Your belief, that you cannot earn more than what you actually do will discourage you. You have set a financial limitation for yourself.

If you are resolute that you will not be promoted than you are preparing for failure in career.

You have created a vicious circle in your mind. You feed your mind with negative thoughts and fail yourself and this keeps on repeating. You have ingrained yourself with restricted thoughts and beliefs. These restrictions and limitations stop you from living the desired life and make you unsuccessful.

This book will help you free yourself from your own restrictive thoughts and encourage you to think positively. The tips I share here will lead you to success.



## ***The Millionaire Mindset***

Learn The Secrets Of The Most Successful Millionaires And Achieve  
The Life You Desire

# Chapter 1:

## *Intro To The Mindset*

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### Synopsis

You may wonder what magical powers the rich and wealthy possess?  
What are their secrets?

The rich think differently. Their millionaire attitude sets them apart.  
The poor people do not have that kind of mindset that the rich  
individuals have.



## **The Start Point**

You can be successful in your financial and personal life, through being strong willed. Your subconscious mind is very powerful and can influence your conscious mind. It can either make you or break you.

For achieving financial success, you should change your thinking pattern. In addition, for that change you need do as follows:

- ✓ Start thinking positively. What you love you begin concentrating on and what you concentrate on you start loving. So concentrate on what you want to be or what you want. Your subconscious mind will help you achieve it.
- ✓ Create your own path for success. Trying to follow others will help you to some extent but your goal will not be achieved. You should follow your own voice.
- ✓ If you do not love yourself you will never be rich. Because if you do not feel that you deserve the best, you will not be able to work towards it.
- ✓ For achieving success, you should be doing what you love doing. If you are stuck in a job, which you detest, you will not work hard as you do not enjoy it. Even if you spend ten or more hours daily, you will not succeed.

- ✓ Stop feeling jealous of successful people. Jealousy is a negative emotion and it will only bring negativity in your life. You will be diverted from the path of achieving money and wealth.
- ✓ You should not blame others for your failure. Start taking responsibility for whatever happens in your life. As you would like to take credit for your success, learn to accept your failure's too without pointing fingers at others for the same. It will make you a more responsible person.

Do you want to change your status and want to become wealthy? Bring the above-mentioned changes in your attitude towards life. Prosperity and success will find its way into your life with your positive attitude.





# Chapter 2:

## *Finding Out The Purpose Of Your Life*

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### Synopsis

In absence of a goal in life, you will not know what to do.

It is important to understand the importance of your existence

When you try to think about what is the mission or purpose of your life, you may not get a clear picture of it. We lack clarity and intelligence for finding our real purpose in life.

It is possible that you may have many goals in your life and may not be able to identify the real one, specific to you. How to bring that one thought out of your mind that will lead you to success. What will happen if you are not able to relate to your dreams? What is next?



## **Important Info**

Your connection with reality may be the foundation of your purpose. Not having decided purpose in life does not mean you do not have one. It is not something you will just wake up to, one day. You have to work hard to determine it. You may not have the option of choosing it, as you have many choices. Many of the choices may not even be genuine.

While targeting your purpose you will have to exhibit the ability to perceive it. You need create a method to achieve your purpose, steps that will lead you to your purpose of life. These methods and processes get you the answer for you question and make you say, “This is it!”

Once you determine your goal, you work towards achieving it passionately. So the first step is to go with your emotional intelligence because it will help you identify your purpose correctly.

Here is how you go about it:

1. You need something to write down, like a piece of paper or word processor in your computer.
2. At the top of the page jot down, “What is the real purpose of my life?”

3. Whatever answer comes to your mind write it down. It may be a short phrase and not a properly framed sentence as an answer.

4. Keep on repeating step three, until you have written everything you can think of on finding purpose of your life.

This is what you have been struggling to find. Your profession will not matter. To some this may make sense and others may find it to be senseless. The purpose of our life may not be clear to us because of social training. Your unconscious and conscious mind will send false messages. However, once you have found the true purpose, you feel like it has come from the inner most voice.

Applying logic and reasoning to find out what your views on life are is another method.

The other way is to use logic and reason for your situation. It will be easy if you are more logical in your thoughts.

Apply your total life experience to find out your real purpose in life. Try to understand where you stand in your present reality.

This is a very simple technique to follow and hence easy to miss. What you are doing is, understanding your view on your approach of life and turning those into what you see for yourself.

Where you stand in your present interpretation on life, will help you discover your goal, so you need to find out. Your reality represents yourself and this helps you understand your purpose of life.

The ideas you have about life makes up your personality, if you have a negative attitude towards life that means you are negative person. When you are clear about your ideas, you will find a purpose in life which is achievable and reasonable. It is like a hologram. When you cut a piece of it, the entire picture is still in the smaller piece. You are like a piece and the whole of the hologram is reality. You will find that something is wrong when you have wrong ideas about yourself in your mind so this technique will uncover what problems you have and show you reality.

These techniques will help you find out your purpose and to know where to go from there. If you have a healthy outlook, you will get results by applying the techniques. You will find out that the rational and emotional intelligence will point out to your purpose of life in different ways but they will be saying the same thing.

# Chapter 3:

## *Get Rid Of Negativity In Your Life*

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### Synopsis

Most of us have problems achieving what we desire. Have we ever given a thought, as to why it is unachievable?

Instead of looking for problem within us, we keep blaming everybody around us for our failure. You will blame your country's economic system, parents, siblings or even the president but will not try to see what are you lacking?



## **Altering Your Life**

Could there be a simple way to achieve what you desire, have you ever thought about it? Basic and honest answer is “When you believe in something, you get it”. This is applicable for every facet of your life. It includes your, relationship, physical wellbeing, career and so on.

Many of us do not realize that, by changing our thought pattern we make positive changes in our life. In addition, because of this they are facing problems throughout their life.

Most of you perceive yourself as what others like to make you believe. If you keep on listening to the negative feedback, you will end up making a practice of letting people judge you. You have to listen to your inner voice to follow the correct path and not what others tell you. You are responsible for your life and not others.

Try to understand what you really want and work towards accomplishing it. Get rid of all the negative thoughts and bring positivity in your thoughts. Make all this changing the right away.

Always manifest the best for yourself and your loved ones.

Here is a technique for you to try:

1. Think about something/some situation in your life that you would like to change instantly. Lead all your thoughts to this situation.

2. Following the above keep thinking about you and start believing in what you want. Recreate the details and circumstances by forming an image of it in your mind.

3. Whenever you are in a calm state of mind, concentrate on that change. You should do this as often as it is possible for you. Your unconscious mind will develop a habit of imaging the situation which you desire.

4. With this positive thinking, you will observe the changes that occur in your physical world.

Once you put positive thinking in your life, money, people and thoughts and so on will help you reach your goal as if by some magic. Positive change's show their power in this way.

Once you start thinking positively, keep tab of every little change that is happening in your life. Therefore, you can see, it is very simple.

Therefore, you have stopped negative thoughts from entering your mind. However, this may not be very easy because people around you can bring the negativity in your life and in your thoughts, this people may include your spouse, relative, your friend or so. If possible, try to bring some change in them by showing them what changes have positive thinking has bought in your life.

The best way to take advantage of positive thinking is by using all the methods for leading a satisfying and blissful life. Get yourself a like-minded friend or a guide.





# Chapter 4:

## *Do Not Restrict Your Mind With Boundaries*

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### Synopsis

Whatever goal you set, you can achieve it, this you need to keep reminding yourself to be successful.

If you have some restricted thinking about money you will never be able to accumulate wealth.

Here we will try to find out, what your restricted beliefs about money are, and how it is hampering its influx in your life.



## **Think Big**

You will find out about the negative thoughts that do not allow free flow of money into your life and stop you from gaining wealth, with help of the theories that I am going to put forward in this book. If you use them in your life nobody can stop you from being affluent.

You have strong resistance towards money if you are not at ease following any of the few suggestions.

You will have to ask yourself why you are not comfortable carrying out the suggestions, as this will help you come out of the limited thinking beliefs about money.

While going through the steps, you may not be comfortable doing some of them. To get comfortable with those steps keep repeating them until you develop a comfort level. This will help you remove all the restricted thinking you have about money. In addition, you will welcome wealth into your life and get out the no money status in your life.

As you go through the steps, you will find them to be very simple. However, actual implementation may not be that easy if you have strong limiting belief about money. Find out the reasons for such feelings and try to eradicate them permanently from your mind.

You will be able to check your feelings, when you try to visualise what you want in life. This will help you to put it into practice whatever changes you need to bring about in your life.

For example, when you are walking down the street and you see a luxurious car parked outside a shop.

You ogle at the beauty of the car. You are staring at the beautiful exterior of the car. Even the exclusive interior of the car is visible to you.

What thoughts that are running in your mind? What are your feelings at that moment? Get to know them as they occur in your mind so that you can write them down.

If you are thinking as mentioned below that means your understanding about money is restricted.

1. “The person driving the car is such a show off.”
2. “The person driving the car could have donated the money to the needy instead of spending it on the car.”
3. “It is out of my budget.”
4. “Some homes may cost as much as this car, so what’s the use of buying such costly car.”
5. “The driver is an attention seeker, so it is not something I look up to.”

6. “People, who are filthy rich, will be able to buy such a car and so it is not something I can afford.”
7. “It is cool car, but I do not have that kind of money.
8. “Even if I work all my life I will not earn enough to purchase such luxurious car.”

If you have positive thinking about money, you thoughts will be as follows:

1. “Wow! This is one of my favourite cars.”
2. The money flows into my life so easily that I have to only decide when I need to purchase the car and the car will be mine.
3. “I am sure this person has the ability to fulfil all his wishes.”
4. “What a groovy car! I know I will be have one of those in the future.”
5. “It feels good to know that people can afford such cars.”
6. “If I let this car come into my life through my positive thinking, I will definitely have it.”
7. “If you say to yourself that you can afford it”. (It may not be possible immediate future but because of positive thinking you may)
8. “I can already feel that the car is in my life.”

Try to understand your feeling, when you get what you desire after thinking positively about the situation. Your feelings about money will be clear as soon as you are in tune with the source.



# Chapter 5:

## *Decide On How Much You Want To Earn*

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### Synopsis

We all dream about increasing our income but without a proper plan and its implementation, it's not possible to achieve it. In this section I will teach you how to arrive at your goal and earn more, so that all your dreams can come true.



## **Your Income**

Start creating an image in your mind of what you want in life. Think in detail, what environment you want to be in, what people you want to be surrounded with. Choose a business, which is realistic and will earn you sufficient income. Visualize all details minutely. Then set a goal which is difficult to achieve but not impossible. Initially, think of what you want to achieve, in one year.

Work out the strategies for achieving your target for the year. Think about all the problems you will face and how to tackle it. Think of all the bumps that you have on your path of success and learn ways of avoiding it. Find out what additional training or qualification you need for achieving your target. Remove all the negative thoughts that enter your mind. Try to combat all the negative thoughts about your income and business. Keep moving towards your target by fighting with all the negative thoughts that discourage you.

Write down all your plans, you want to reach in one year's time, what steps you are going to take. Plan each step and follow them religiously. If required take guidance from the person whose position you desire to be in.

People who are successful, though not in your line of business will be able to guide you too. Have a positive outlook and keep reading motivational books for encouragement.

# Chapter 6:

## *“Attraction” A Powerful Tool*

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### Synopsis

In our day-to-day conversation, we have all come across the theory of law of attraction with use of words like “positive thinking” and so. The theory may be new for us, but spiritual thinkers have had belief in these theories for many years.





## **Draw It In**

Our power of thinking is very strong. It attracts whatever we want into our life. All of the universe will work towards achieving what we desire whenever we think or talk about it.

If we think negatively, we will be uttering negative words often. “I will not be able to perform” or “I am not capable of this”. The Universe will pick up these words from your thoughts and give it back to you. Negativity will keep you away from your goal.

You can bring changes in your life by being positive about everything in your life. Your life will not change overnight it will take time. Once you seed positive thoughts in your life, it will bear the desired fruit for you eventually. Start by feeling good about yourself and love yourself. As you water your seed of positive thoughts, it transforms your life and brings about necessary changes.

⇒ Be sure of what you want in life. Once you have decided on that, you can ask the universe to help you achieve it. Try to create a clear image of what you desire.

⇒ Concentrate on your thoughts and watch what you say about your object of desire. Act and feel that what you are asking for is on the way. You will have to trick yourself into

believing that what you desire is on its way and you need to feel the feeling.

⇒ Listen to your instinct, co-relate to them and understand what the universe is saying. Receive all the messages with an open mind. Universe is giving assurance to you that what you want is on its way. You will gain financial success as soon as you are able relate with the Universe.



# Chapter 7:

## *Self-Introspection*

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### Synopsis

Wrong notions in your mind will lead you nowhere. You will never be able to attain the kind of wealth you want.

Many people believe that they do not have the ability to earn the kind of money that is needed for living luxuriously. They have negative ideas in their mind. What others think about them has become the basis for analyzing their self. They strongly believe that however hard they work they will not succeed. These negative thoughts become the vision of your life.



## **Look Within**

Do not believe in something just because everyone shares the same notion. Keep questioning those ideas. Do not follow the herd blindly. If large numbers of people believe in something that does not necessarily certify it to be true. People in the old days believed that the earth was flat and the sun moved around it. Today, we all know this is not the truth. Even though everybody believed this, that did not mean it was right.

Constantly question yourself. It is easy and tempting to take comfort in these beliefs when we are facing hardships in life. These beliefs give you a sense of security. You are right to accept that they can be false.

If you are clear in your thoughts you will find that real belief will stand the test of time and the wrong notions will not. Hence, remove these notions from your life. Keep asking yourself, “Can this be trusted?” What is the guarantee that this is the truth? “Is this really the truth?”

Beliefs, which have not been tested, are like fairy tales, they may comfort you at time, you may find them to be pretty, find them funny, and as it is what you wanted to believe but not necessarily be the truth.

Are these your notions about money? Do you mention these ideas about money often, seriously or casually? If you do, that means

unknowingly these notions are influencing your relationship with money.

\$ Many of the rich people have acquired money through illegal ways.

\$ All the evil in the world is caused by money.

\$ I am not worthy of being rich.

\$ Money is generated by money. As I do not have money, I cannot become rich.

\$ Rich people are not as honest as poor.

\$ When it is about money, some people have all luck.

\$ Outrageously rich.

\$ Wealthy people are atheistic.

\$ I am not supposed to be rich and that is why I am not.

\$ Rich people are exceptionally creative, gifted and intelligent.

\$ All the rich people have inherited wealth.

\$ Rich people are rude and antagonistic.

\$ All rich people are corrupt.

Whether you will have an abundance of money or eke out a living will depend upon your perception of money. You have to decide how much money you want to earn for a lavish life and make plans accordingly.

Do you go through lots of hardships to earn money; are you doing your job, which you truly hate? Wealth gets attracted to you easily or you earn money without any difficulty if your notion of wealth is correct.

Your feel good factor about money depends upon your idea about money.

If you are comfortable with in your subconscious mind, this is the richest area of emotions. Your previous experience with money will decide how comfortable you are with finances.

You can experience financial well being and generate as much wealth as you wish if you try to remove all the negative feelings you.

- ◇ Think about money as energy you move and live with, and that letting this energy into your life will bring wealth into your life. See what difference it makes in your life.
- ◇ Believe that money can come to you as easily as the air you breathe and see what difference this notion makes in your life.

You are determined that having all the wealth you need will make you uncomfortable with the above notion. Decide to change your notions about money, which are negative and are stopping the influx of money that you are entitled to.



# Chapter 8:

## *Goodwill and Benevolence*

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### Synopsis

Benevolence is very important, whether through your physical work or by emotions. It is not only beneficial to the person at the receiving end but also to yourself. Selflessness can be shown through various ways.





## **The Good**

When you concentrate on others instead of yourself, positive energies build up and situations are created for success. They unravel themselves in form of unexpected and abundant positive responses. This may include a change of behavior from being a miser and mean to selflessness. Good luck with inflow of abundant money may come your way with such kind gestures.

A miserly man decided to pay for the education of his friend's son, whose financial background was not so strong. This gesture is out of his character. Next day all of a sudden he receives payment for the invoice, which has been pending for a long time.

(In the above circumstance, the miser understood the link between forgetting his stringiness and the positive response he got from life. He also noted that the amount, which he generously gave, was almost equal to the amount he received from the unexpected payments)

### **Benevolence and generosity**

You can bring good luck in your life by being kind and generous towards others. When an individual sends appreciation and goodwill to his friends and different customers he was showered with good news in the form of money, sales and other good luck.

Have goodwill at work.

To attract money you need to have goodwill towards the other people around you as well as circumstance and situation around you. Goodwill in your work will attract lots of money into your life. Outflow of surplus goodwill will create inflow of surplus money. For example if a salesman puts his 100% effort in his work, it is possible that he will experience good luck in the form of more demand, more work and more opportunities etc.

This example shows you that the use of goodwill can be directly related to money and success.

Why do goodwill and benevolence attract money?

Think of money as a force and not a thing. The force believes in encouraging mutual advantages and relationship between individuals. Money is the power for human interchange and communication.

Money can be compared to language. Language enables humans to interact with other humans. Think of a person who decides to remain silent and wants to keep all the words to himself.

Will this decision help him? Definitely no! Language itself is for communication. Language grows and is beneficial only if we use it for

communication. The more you use it the more you understand it and are able to relate to it. Language enables a single person to communicate with the whole society. We do not store language. Therefore we can conclude that the more people that use our language, the easier it is to relate with others. This can be applied to money.

Money is similar to language. When we relate through money with others, money grows. When we help others to prosper and try to encourage success in individuals around us, we will attract money. Goodwill and benevolence will attract more money into our life. The more you give, the more you receive.



# Chapter 9:

## *Believe That It Is Easy To Make Money*

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### Synopsis

We have some time or the other heard that we could achieve what we truly believe in. Having faith in something will help you achieve it.

Many people will discard this theory, while some may have tried doing it but may not have actually done so and still others who have tried it and have tasted success through it.

However, gaining success is not very easy, as you have to follow the steps in this believing process and use it in your favor.



## **Trust It**

Answer a few of the questions:

- ◇ Do you believe with all faith that there are various ways to reach your goal and you just need to find them?
- ◇ Do you have total faith in yourself and your ability to achieve whatever you desire financially and personally?
- ◇ Do you completely believe that you will be shown the right direction at right time and no matter where you are now, you will reach your destination?

If your answer for many of the above questions is in negative then it will not lead you to where you wish to go.

You need to completely believe that everything will work in your favour. The belief that you can find an answer for every question that arises while knowing and believing that you can and you will.

*How to gain such a high level of self-confidence*

Start with small steps. Start by targeting small problems in your daily life like, if you are not able to find the keys, keep telling yourself that you will find them.

When you really find them, you will start believing in this process. While doing a project with a strict deadline keep assuring yourself

that you will finish your project within the deadline and when you have finished the project you have developed confidence in yourself. By bringing this change in yourself, you will learn to be confident about yourself.

Stop worrying, because worrying is like not trusting yourself. Sentences like, “I worry because I may not be able finish the exams”, show your lack of confidence. By worrying, you cannot change the situation.

As you start believing yourself in making small decisions, it will become a habit with you. Therefore, when you face bigger problems in life, you know what to do. You have stopped worrying and are facing challenges with lots of self-confidence. You know what to do and have the ability to achieve what you wish for.

Steps for making self-belief a practice might look easy but you will take some time to achieve this habit. Financial success depends highly on self-belief. Without this, nothing will make sense.

# Wrapping Up

Everybody wants to be rich. Some of them have already achieved this and some are trying to achieve. Many paths will lead you to financial success and the meaning for wealth is different for each of us. No matter how you define wealth, your notion of wealth will help you achieve financial success.

Having correct attitude towards money helps you accomplish financial success. It has its own presence, identity and power.

Understanding how changing your notion about money in your situation is very important.

